

# Strumming Patterns

①	V				V					Whole Notes
Count	1	2	3	4	1	2	3	4		
②	V		V		V		V			Half Notes
	1	2	3	4	1	2	3	4		
③	V	V	V	V	V	V	V	V	V	Quarter Notes
	1	2	3	4	1	2	3	4		
④	V^	V^	V^	V^	V^	V^	V^	V^	V^	Eighth Notes
	1 an	2 an	3 an	4 an	1 an	2 an	3 an	4 an		
⑤	V	V	V^	V^	V	V	V^	V^		Mix it up
	1	2	3 an	4 an	1	2	3 an	4 an		
⑥	V	V^	V^	V^	V	V^	V^	V^		
	1	2 an	3 an	4 an	1	2 an	3 an	4 an		
⑦	V^	V^	V	V	V^	V^	V	V		
	1 an	2 an	3	4	1 an	2 an	3	4		
⑧	V	V^	^	V^	V	V^	^	V^		This is an important Rhythm to understand
	1	2 an	an	4 an	1	2 an	an	4 an		

- No strum on the 3rd beat
- Two up-strokes in a row
- Hold pick on the side of the index finger on the first bone. Don't squeeze too hard.
- Tap your foot to keep time.

